

HOLMES PLACE SPA RAANANA

Holmes Place Spa is the largest and most professional spa network in Israel with eight branches in the Group's premium clubs.

Holmes Place Spa Raanana provides a range of massages and treatments for the body and soul. The spa offers a wide variety, including classic massage, deep tissue massage, shiatsu, hot stone massage, facials, and more.

Treatment Menu List

	Special guest rate NIS		Standard rate NIS	
	50min	75min	50min	75min
Swedish Massage 50/75min Classic massage that relaxes the body and reduces stress, pressure and pain. Improves circulation and loosens stiff muscles.	250	330	280	380
Aromatherapy 50/75min Massage with fragrant essential oils to relieve stress and for perfect relaxation.	250	330	280	380
Sports Massage 50/75min Recommended before or after sports events, to prepare and stretch the muscles, based on the type of physical activity of the client.	250	330	280	380
Deep Tissue Massage 50/75min Focused, intensive massage to treat stiff and painful muscles.	250	330	280	380
Garden of Eden Massage Soothing hot oil massage that relaxes the muscles. The duration of the treatment allows to all parts of the body to receive the maximum attention they deserve.	370 90min		420 90min	
Himalaya - Ayurveda Therapy Customized hot oil massage. The treatment includes body peeling with a unique mix of ingredients from the Himalayas and an Ayurveda massage, and ends with warm oil poured on the forehead.	420 75min		470 75min	
Hot Stone Therapy 50/75min Therapy that combines touch of hands with touch of hot basalt stones. The heat of the stones promotes circulation, purifies, and releases toxins from the body.	300 50min	370 75min	350 50min	420 75min
WOW Multivitamin Facial Special anti-aging treatment to rehabilitate, revitalize and clarify the skin. The treatment is administered using a special technique, peeling with a high concentration of multivitamins, fruit acid and clarifying ingredients, to improve the elasticity and vitality of the skin. Recommended mainly for dry and mature skin, skin with signs of early aging and sun damage.	450 75min		540 75min	
Holistic Moisturizing Facial Professional hands-on treatment that gives the skin a healthy, clean and radiant appearance and provides enhanced moisturization with intensive moisturizers. Aromatherapy pressure massage and cool, soothing mask. The treatment includes rich, soothing hand treatment. Recommended for all skin types, mainly dry as a result of environmental damage.	400 75min		450 75min	
Classic Facial For Men/Women This facial includes initial cleansing, enzyme peeling combined with fruit acids, deep cleansing and aromatic pressure massage. This treatment ends with a purifying, moisturizing mask.	350 75min		400 75min	